# How I Investigate the Paranormal

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My group is HPI International (Halo Paranormal Investigations). Our method of investigating is different from many paranormal groups. I have now been on over 2500 investigations and the methods below have been very successful for my group. You can see some of our methods below. Happy Hunting!

### ORBS - INTELLIGENT MOVEMENT

Orbs can be almost anything, from lint, dust, skin flakes, dew drops, light refractions, etc. How can you tell an orb is an actual SCF (Spiritual Containment Field)? Answer: Intelligent Movement. Case example: My group investigated a home in Sacramento. The home was haunted by a female ghost named Emily. Emily was known to drain the energy from the clients. One of my investigators said he felt "drained" and needed to sit down. I then wondered, "Is Emily draining his energy?"

I then told Emily, "If you are listening to me, kiss him on the mouth." With three cameras, we captured an orb on his mouth. This showed me that Emily was listening and followed my command. I then said, "Emily, if you are listening to me, sit on his lap." With one camera, I captured an orb hovering over his lap. This showed "intelligent movement" and I was able to deem this as paranormal. When I investigate a home, I will place my hand on the wall and ask the entity to appear by my hand. If the house is haunted, there will indeed be an orb by my hand.

### DESIGNER ORBS

Designer orbs are the orbs with intricate designs inside them. When the photos are enhanced, you can sometimes see a face inside the orb. In one of my cases, in Del Paso Heights, I snapped a photo of the client's backyard. I captured two designer orbs in the client's backyard. I enhanced the photo of

the two designer orbs. What I saw were dog faces in the orbs. I asked one of my investigators what they saw in the designer orbs, and they said: “Dog faces.” I went back to the client and asked what she had in her backyard, and she said: “Orange trees.” I said, “Not the orange trees. What else do you have back there?” She said, “My two dogs are buried back there.” I told her, “Look at this photo. What do you see?” She starts to cry. I ask her what is wrong.“Why are you crying?” She says, “Those are my two dogs!” Something like that I can deem as paranormal.

## LIVING GHOSTS/RESIDUAL ENERGY

In 1974, Chicago, Illinois, a family moves into a new home. While living there, around 2A.M., they would see a man manifest and walk over to the couch. A woman would manifest sitting on the couch. The male ghost is seen slapping the woman ghost and then they disappear. The family saw this about three different times.

One day the family attends the neighborhood block party. The host says, “We do this every year; here are photos from our past events.” The lady of the house flips through the photos and comes to one photo and says, “Oh my God, these are the ghosts in my house!”

The host says, “Ghosts?” The host continues to say: “The couple in the photo are not ghosts. They did live in your house, and there were domestic disputes. The police were there all the time. But they are not ghosts. They got a divorce, and the lady lives five blocks down the road, and her former husband lives out of state. They are very much alive.”

This is a case of negative residual energy that has imprinted the atmosphere, a case of living ghosts. We have many cases like this, where the ghosts are not deceased people, but people that are still living.

## ROMAN CATHOLIC HOUSE BLESSINGS

I conduct Roman Catholic house blessings using holy water and a crucifix. I am about 85 percent successful with my house blessings. If the client is another type of religion, I usually have an investigator that can do a specialized cleansing. We respect all religions. In the past I had investigators that were able to conduct the following types of cleansings: Miwok Native American, Buddhist, Hindu, Christian, Wiccan, Voodoo, and Greek Orthodox.

## GADGETS & PSYCHICS

My team will bring all kinds of gadgets for our paranormal adventures, from EMF Readers, audio recorders, night vision cameras, Spirit Boxes, thermo meters, dowsing rods, Kinect. We also use a team of psychics. These tools, including psychics, are just that – "tools."We must prove the existence of the paranormal with either a clear Class A EVP, a full body apparition in our photos or be able to show intelligent orb movement.  If a psychic says there is a ghost standing in the corner, it is up to the investigator to prove that by either capturing a clear EVP or capturing a photo of an intelligent moving orb or apparition.

## FULL SUBMERSION BAPTISMS – A BASIC FORM OF EXORCISM

If a client says they have an "attachment," I will perform a full submersion baptism on the client. This is a basic form of exorcism. An attachment will automatically leave after the full submersion baptism. I am 95 percent successful. If the client feels they have an attachment and it might be a mental situation, the baptism is still good for a placebo effect.

## EVP - CLASS A

A Class A EVP is great evidence. It is a clear message that everyone can understand. No background noise, chatter, etc. Witnesses are present during the EVP capture. We usually do a "quick and dirty" EVP session. We say something simple like, "Is there anyone here?" We pause, give the entity time to talk and then play back the recording. Sometimes we will get a response like: "I'm right here." Our group doesn't use Spirit Box responses as evidence. People hear what they want from a Spirit Box. I allow my investigators to use their Spirit Box, but whatever is captured by a Spirit Box is not used as evidence. Only EVPs are used as evidence, and it must be a Class A EVP.

## DOWN THE RABBIT HOLE

This section is called *Down the Rabbit Hole* because sometimes I feel like I am going down a rabbit hole and I have no idea where it will take me. My nickname is The Demon Warrior. I have been called other names, too, like Demon Hunter, the Demonologist and even Demon Slayer. I have been on over 2500 paranormal cases and out of those cases I would say about 1000 cases could be considered "demonic."

Usually only a couple out of many cases could be the result of something truly evil. The rest involve some type of mental issue. A lot of my cases are with people that see demonic faces in their carpets or stucco wall. This is more than simple pareidolia. It's a rare disorder that makes people think they're seeing "demon-like" faces everywhere. This condition is called Prosopometamorphopsia. The disorder was recently diagnosed in a 59-year-old man, according to a study published in *The Lancet*.

In those rare cases where it seemed obvious that we are dealing with forces that go beyond a "normal" haunting, I've had to be very careful and make sure my investigators were safe and protected.

Here are some of the bizarre cases I had to deal with.

## 1. The Obese Burlesque Dancers

This case occurred in an apartment in San Francisco. I brought six investigators and, as soon as they walked into the apartment, they immediately left. The apartment was infested with cockroaches. I placed a bottle of holy water on the counter, and the roaches went after my holy water because they were thirsty. I had to move my equipment to a safe spot, so no cockroach would hitch a ride through my duffel bag filled with ghost hunting equipment.

There were two huge posters of the two women of this apartment hanging on the wall. The pictures showed two obese women half naked. I asked the ladies if the ladies on the posters were them? The ladies said "yes" and added this comment: "Some men love big women."

The apartment was also infested with cats and there were three dead cats in the hallway. One of my investigators called Animal Control and also the SPCA and made a report about the dead cats. The two ladies told me that they had several demons in the house. I had to wonder, if a person can live in a house like this, could there be demons involved?

The apartment was so filthy and unsanitary that I only could wonder how they could live in this filth. I did a quick house blessing and left. The last time I heard from them was when they called me and asked me why one of my investigators called Animal Control. Both women were furious that this call was made. I was happy that one of my investigators took action. This is a case where I was unsuccessful in assisting the clients.

## 2. The Flashlight Maniac

Another demonic case occurred when I went to this home in Del Paso Heights. I was greeted at the door by a woman. She brought me into the bedroom where a guy holding a heavy police security blackjack and two AA flashlights with Tactical LED Ultra Bright power. The guy told me that if he turns on his flashlight and pulverizes the wall with his powerful light, a doorway (portal) will open, and demons will come through the portal.

I watched this guy for one hour, as he bounced the light off the wall over and over again. He did it so much that sweat was pouring off of him. The portal never opened and he started getting frustrated. I could see there was anger in his eyes.

He started holding the flashlight towards me in a menacing way. I left immediately and told my investigators, "The investigation is over. We have to leave." I felt this guy with this heavy-duty flashlight was a serious threat

and that someone might get hurt. I didn't want to be bludgeoned to death, nor did I want my investigators to face a possible threat like this. I had my investigators vacate the house as quickly as possible and go straight home. Two weeks later, I heard about this very same guy getting into an altercation at a bar and being arrested for hitting a patron over the head with a wine bottle. This was another case in which I was unsuccessful.

**3. The Hoarder**

The home was in Berkeley. When we arrived, there was garbage everywhere. We had to navigate through tons of garbage. There were narrow walkways through walls of garbage. The couple (an older man and his very young wife) removed the toilet out of the bathroom and because of that, they defecated in the garage. Sometimes, their evening out was to go to a gas station, so they could utilize the gas station's bathroom. This was another case where we left early. The place was so disgusting that I didn't even bless the house. Results: Unsuccessful.

**4. The Racist**

The case was in Pleasanton, and the client was a non-stop talking racist. We brought along an African American investigator and the client kept making racist remarks and even discussed lynching. Things got so bad with us listening to his racist comments, we had to leave. Results: Unsuccessful.

**5. The Feces Slinger**

The house was in Sacramento. When we got there, on the living room wall there were globs of feces everywhere. The male client had a tendency to throw his feces on the wall. When we saw that, one of our investigators had to step outside and throw up. We left immediately. Results: Unsuccessful.

**6. Batter Up!**

During this investigation in Stockton, California, the clients' faces started distorting and one of them chased me out of the house with a baseball bat. This case I truly believe was demonic, because their faces really did distort into something sinister and evil. Results: Unsuccessful.

**7. Satan's Tattoo**

This case was in Marysville, and the male client had the face of Satan tattooed on his back. One of my investigators (a Bay Area police officer) captured three EVPs in which a male entity was telling her how he was going to kill her. She freaked out and left immediately. About two weeks

later, I went to her house to give her a full submersion baptism (a basic form of exorcism). I also performed a Roman Catholic house blessing on her home. After my baptism, whatever demonic attachment that had been with her was now gone. This case I felt was real. Results: Successful.

**8. The Shower Crawler**

This is another case where I believe that a real demon possessed our client. For this case, I brought along four investigators. The client, a woman in her mid-30s, was telling us about the horrible experiences she has had with a demon. When she told her story, her face started distorting, and then she started ripping off her clothes. She was yelling that her body was burning up. She heads to the bathroom screaming her lungs out. Then she got on the edges of the shower and started climbing up the shower wall. We had to get her down so she wouldn't hurt herself. I gave the client a full submersion baptism and did a Roman Catholic house blessing. Five months later, she contacted me on Facebook and said that my team and I saved her life. She no longer has a demonic attachment and is now a motivational speaker in Hawaii. Results: Successful.

**9. The Bruiser**

One case was in Citrus Heights. A woman in her mid-50s, small, petite, became possessed by a demon. She was yelling and screaming and went into convulsions. This woman threw an over six-foot muscular man (her cousin) against the wall. This was a very intense investigation. Results: I was successful with my full submersion baptism.

These are the demonic cases that I will always remember. Some I was successful with and some I was not. When a person says they have an attachment, they need a full submersion baptism. Even if you think it is a mental issue, you should till suggest a full submersion baptism. The baptism may just have a placebo effect, but in most cases that placebo effect will most likely exert a positive effect on the client. I perform a Roman Catholic house blessing using a crucifix and holy water. Most of my house blessings are successful. Whatever way you conduct a house blessing, just do it. It's important for the client.

Finally, I tell the people working with me to always exercise extreme caution when investigating any type of case. You just never know what you are going to run into.